

لِلْعَالَمِينَ 

# THE MANNERS OF THE YOUNG MUSLIM AND YOUNG MUSLIMAH

INTRODUCTORY LEVEL



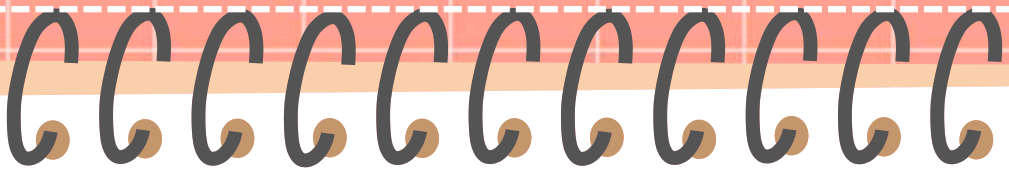
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# When we drink water



we sit on the floor or on a chair,  
then we say: "In the name of Allah  
(Bismillāh)"



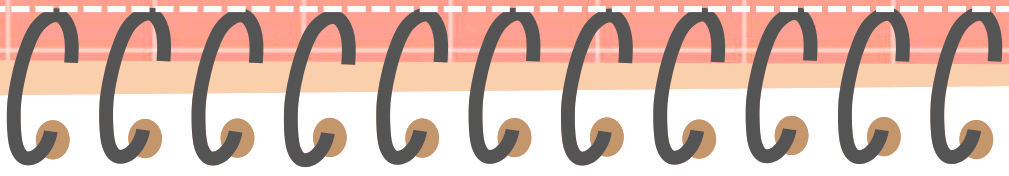


We drink the amount of water we need slowly in three sips, and don't breathe inside the cup.



After finishing drinking, we praise Allah by saying: "All praise is due to Allah (Alḥamdulillāh).





# time for sleep



When it is time for sleep, we shake our bed three times as the Prophet Muhammad (peace be upon him) used to do. Then we lie down on our right side and say:



"With Your Name my Lord, I lay myself down; and with Your Name I rise. And if You take my soul, have mercy on it, and if You send it back then protect it as You protect Your righteous slaves".



Bismika Rabbī waḍatu janbī,  
wa bika arfauh, fa in amsakta  
nafsī farḥamhā, wa in arsaltahā  
faḥfazhā bimā taḥfaẓu bihi  
`ibādakaṣ-ṣālihīn

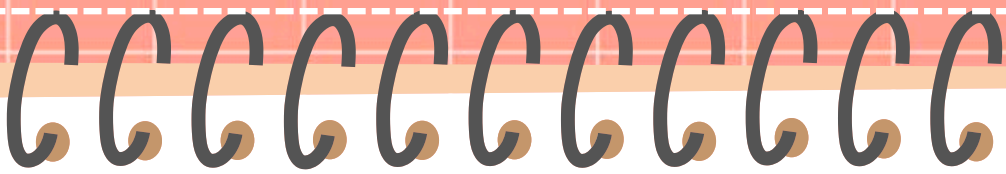


# When we put on new clothes



we say: "O Allah, all the praise is  
for You that You have given it to  
me to put on.





I ask You its goodness and the  
goodness of the purpose for  
which it was made, and I seek  
Your Protection from its evil and  
the evil of the purpose for which  
it was made"



And when you look at yourself in  
the mirror, say: "Allah You have  
made my creation perfect, so  
make my moral characteristics  
also be the best."

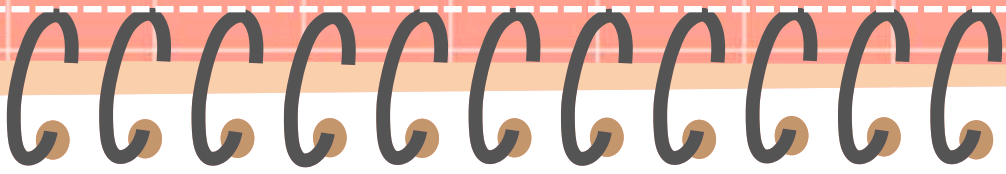
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Thank your father  
and mother



for providing you with clothes,  
Kiss their hands.





And when you gather with your friends, don't look down on those who don't wear beautiful clothes.



Remember that Allah has blessed you with these clothes not because you are better than others, but so that you may praise Him, thank Him, and be kind to those around you.

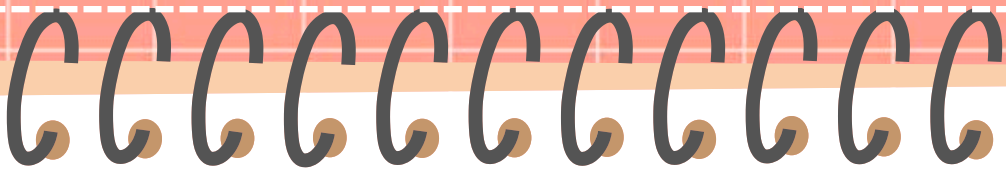


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to visit your  
relatives



If you go, my little one, to visit your  
relatives, knock on the door and  
then turn your face away.



When they open the door for you,  
greet them by saying: "Peace be  
upon you and the mercy of Allah  
and His blessings"



then enter where they indicate and  
don't intrude by moving around  
in places other than the  
reception area.



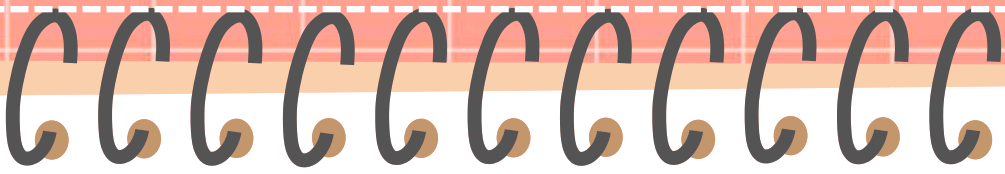
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## When you visit a house



don't intrude into the owner's belongings, rooms, or drawers, and don't search through them.





Avoid disturbing your host with excessive movement or touching things that are not yours.



Make sure your visit is pleasant and non-intrusive.



Don't take anything before it is offered to you, and always wait for your mother or father; don't start eating or leave before them.

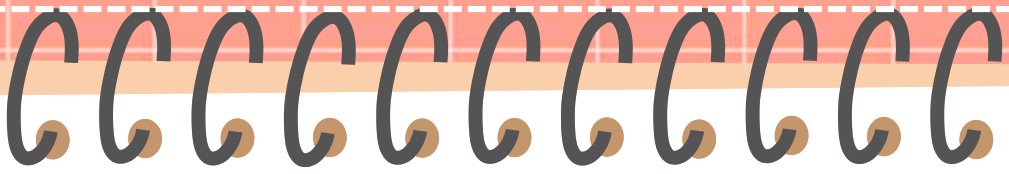
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# Permission to Enter is Three Times



The Messenger of Allah (peace be upon him) said: "Permission is to be sought thrice.





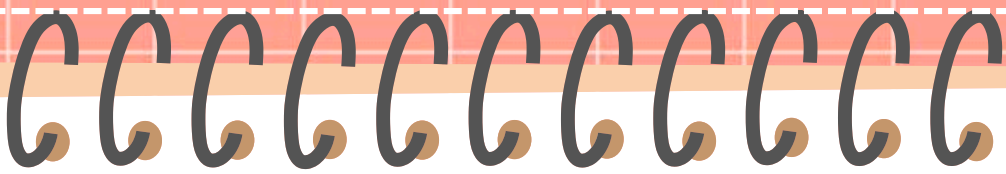
If permission is granted, you may enter; otherwise, go back."

This means that if you knock on a door, you should knock once, and if they do not open, you may knock a second time.



If they still do not open, you may knock a third time, and then you should stop knocking.



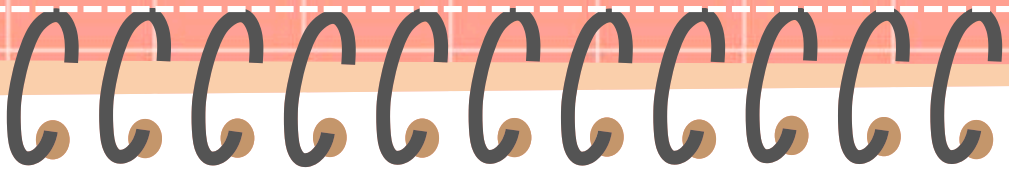


"And if they refuse to open the door for you or apologize, return with a good attitude, as it is respectful towards Muslims to honor their time and not disturb them during their sleep or illness.

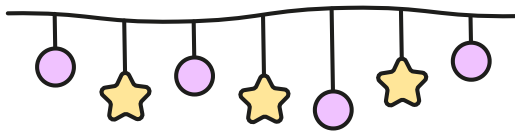


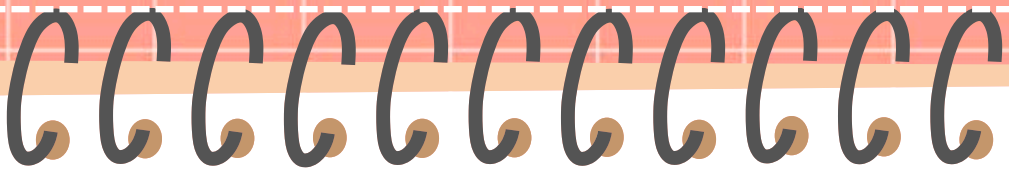
You can visit at another time that suits them.





The Companion Jabir ibn Abdullah (may Allah be pleased with him) said: "I sought permission to enter upon the Prophet (ﷺ) regarding a debt my father owed, so he said: 'Who is this?' I said: 'Me.' He said: 'Me, me.' As if he disliked that."





**From** this hadith,  
**we learn**



that instead of responding to the question "Who is at the door?" with just "It's me," we should clarify our identity by mentioning our name, such as "It's Ahmed" or "It's Salma."



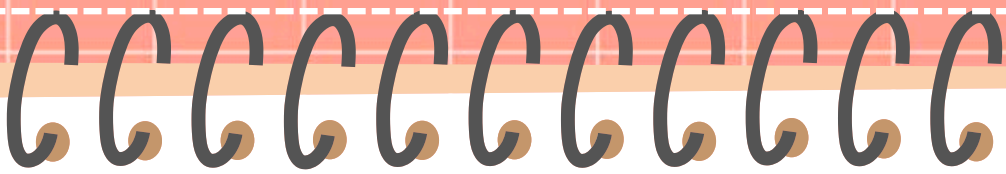
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# your nails



Always trim your nails, my little one. Don't let them grow long and dirty.





If you don't know how to trim them, ask a family member to help you, because a Muslim is clean and takes care of the cleanliness of his nails.



If you let them grow long, dirt will accumulate underneath, which can lead to illness as dirt causes diseases.



*Remember*



*Allah is beautiful and loves beauty.*

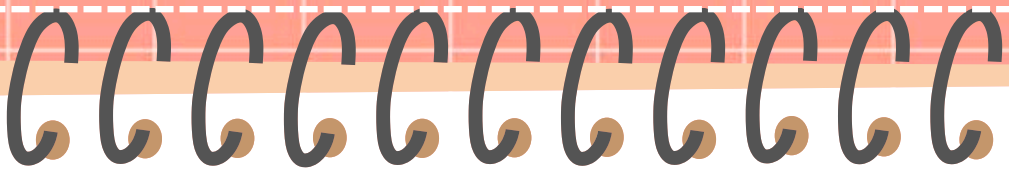
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## the siwak



Always use the siwak, my child,  
when you wake up and before you  
go to sleep.





Also, after rinsing your mouth after eating. This helps keep your teeth shiny and white, with a pleasant smell and a bright smile.



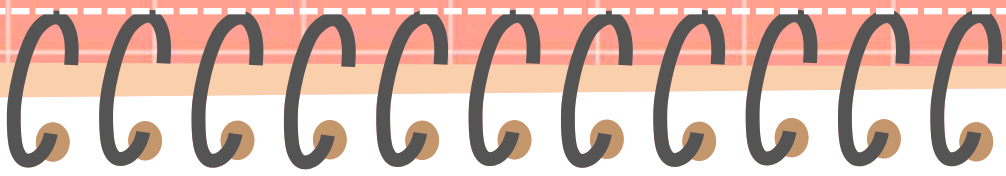
Those who do not take care of their dental hygiene may repel others and be disliked because of their appearance and smell.



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Be careful not to  
share your family  
secrets with others





such as  
saying

'My father yelled at my  
mother last night.



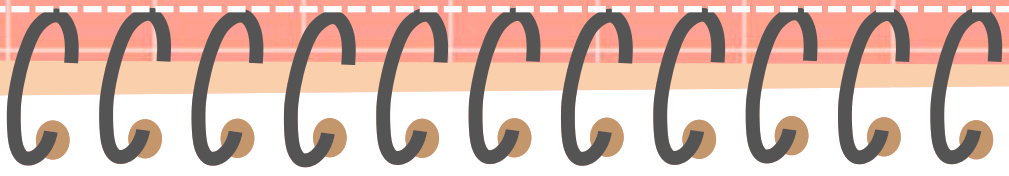
My father received  
a large amount of money.



My mother complains about  
housework.



My sister got a poor grade.'



# Family secrets

should stay at home. Revealing them can cause bigger problems and upset your family.

A Muslim is trustworthy and keeps their family's secrets.



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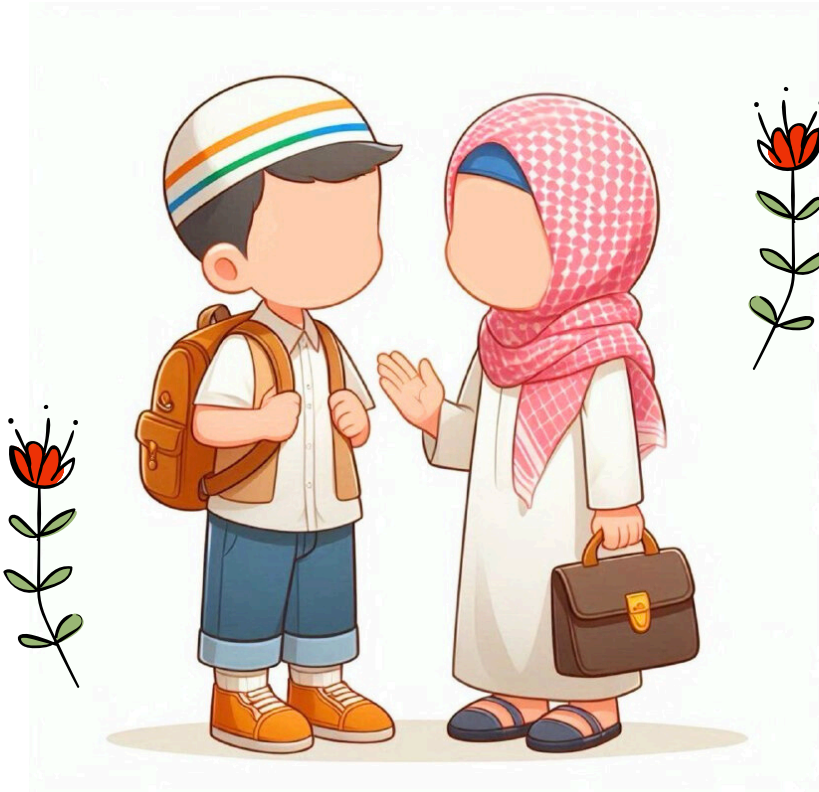
# Be kind wherever you go



With your relatives and friends,  
don't belittle or hurt anyone, and  
don't engage in gossip or slander.

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Don't hesitate to advise someone who is in error before you, but do so with politeness and advice for the sake of Allah.



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## Help without hesitation



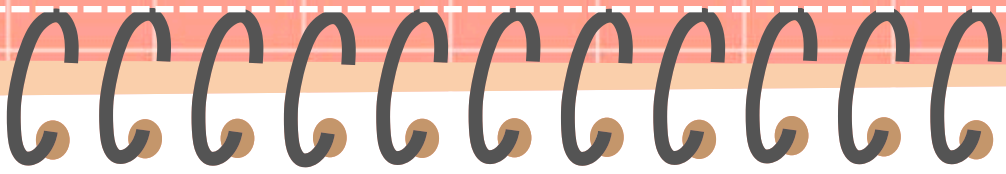
If you see an elderly person on the street, assist them without hesitation and treat them with respect.

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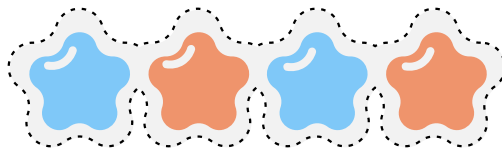
Don't shout  
as it's impolite



Also, avoid cursing or saying  
offensive words.



Let the Prophet Muhammad  
(peace be upon him) be your role  
model; his character  
was the Qur'an.



and the closest of the people to  
the Prophet (peace be upon him)  
on the Day of Resurrection will be  
those who are the best in  
behaviour and manners.

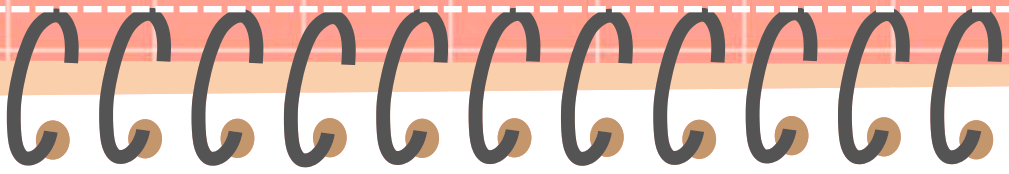
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## Extend peace

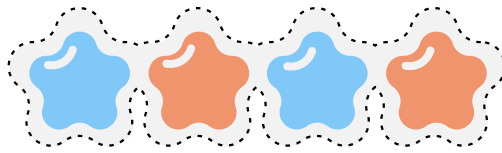


Greet your neighbor, the seller, or anyone on the street, whether you know them or not, by saying:





'Peace, mercy, and blessings of  
Allah be upon you.'



Respond to the greeting when  
someone greets you by saying:  
"And upon you be peace, mercy,  
and blessings of Allah".



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Be a support and  
help to your siblings



Assist and guide them, and do not  
be arrogant or harsh with them.  
Be gentle with your sisters.

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# congregational prayer



Don't miss the congregational  
prayer. Go with your father  
or siblings.

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## Help your mother



Help your mother at home and be  
a companion to her.

Alleviate the tiring tasks from your  
mom, hang up your coat yourself,  
and organize your belongings  
on your own.

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Be sure to thank your father for his efforts in serving and making you happy.



Make sure to thank your mother and anyone who does you a favor or kindness.

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## When leaving the restroom



When leaving the restroom, step  
out with your left foot first,  
then say:

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"Forgiveness (Ghofranak), Praise be to Allah who has removed harm from me and kept me in health."



Afterward, wash your hands, and it is better to perform ablution (wudu)."

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## When putting on shoes



When putting on shoes or sandals,  
we should start with the right foot,  
and when taking them off, we  
should start with the left foot.

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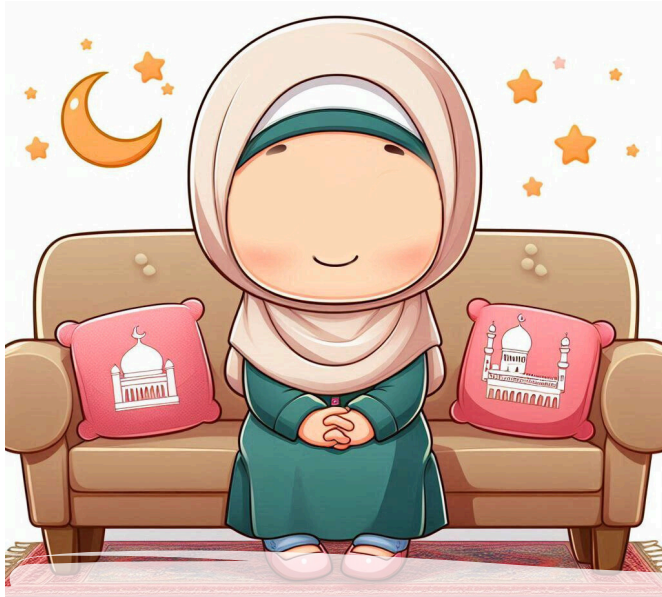
## Don't kneel down



Don't kneel down when something falls from you on the street, my daughter, or when you need to retie your shoelaces. Instead, kneel down straight, as shown in the picture.

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## when she sits



A modest girl, when she sits, brings her legs together; this is more respectful of modesty and delicacy. The Muslim woman doesn't imitate men in their way of sitting.

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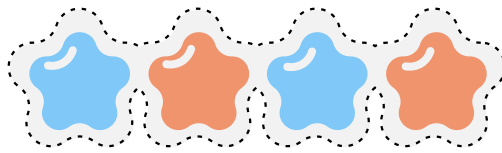
## Keep your voice calm



Maintain a calm tone and avoid shouting or raising your voice, as it can detract from your grace.



If you need to speak with a vendor or someone outside your family, speak with seriousness and clarity, without any joking.



Keep the conversation limited to questions and answers without extending it further."



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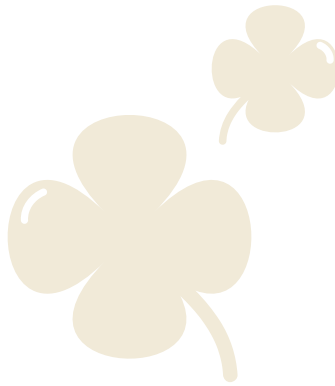
## with foreigners and strangers



"We do not engage casually with foreigners and strangers, and we speak only as necessary outside the home.



When there is a man on the street or on the stairs of the building, we do not walk in front of him; instead, we wait until he moves ahead and then we proceed, avoiding crowding him on the path."



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## Don't walk in the middle of the road



Walk on the sidewalks and the edges, and avoid contact with boys and men. Walk with dignity and respect; don't sway or walk with arrogance.

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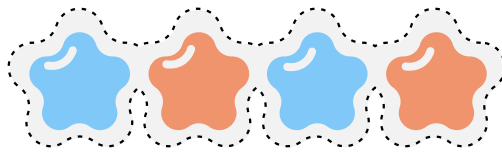
# Don't laugh in public



When you are walking outside with your sister, friend, or companion,



do not laugh in the street or act as if you are at home.



Instead, maintain your dignity and manners. This is how a respectable Muslim woman should conduct herself in public."



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# Excessive laughter

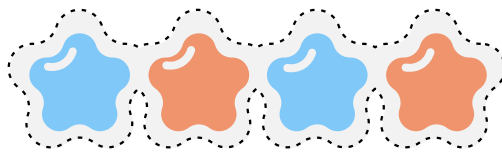


Excessive laughter can deaden  
the heart.





In your gatherings at home, make sure to avoid loud laughter, as too much laughter can numb the heart.

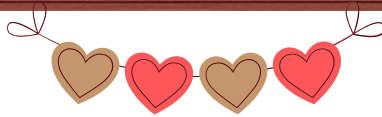


Also, avoid playing rough games with your male siblings.



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# Swallow the food before speaking



Avoid talking while you're chewing;  
instead, swallow the food first and  
then speak if you wish.



# Keep your back straight



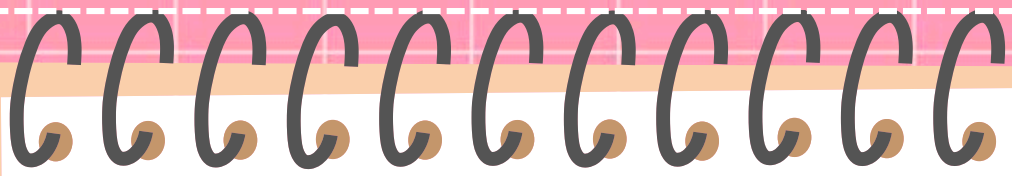
Keep your back straight and upright, as slouching is a sign of laziness and inactivity for a girl."



# Ice Cream, Frozen Desserts, and Sweets



Do not eat ice cream, frozen  
desserts, or sweets in public in  
front of others.



## Perfume



Avoid applying perfume before going out so that you don't attract attention and keep yourself discreet.

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## With the taxi driver



Don't stay alone with the taxi driver, and don't allow anyone to take you somewhere without the permission and knowledge of your parents.

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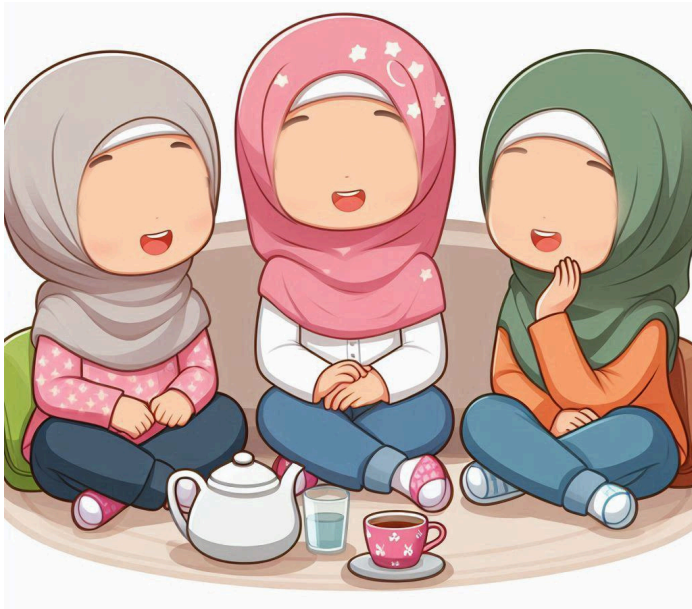
## When your father returns home



When your father returns home, greet him with a smile, kiss his forehead, and take from him whatever burdens him.

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## visiting the neighbors

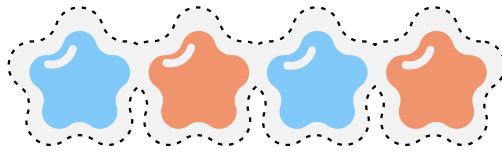


Don't spend too much time visiting  
the neighbors without  
a meaningful purpose





Your time is precious, so use it wisely by memorizing the Quran, reviewing your lessons, helping your mother, and doing something beneficial.



Let us always listen well  
so we can improve our  
manners



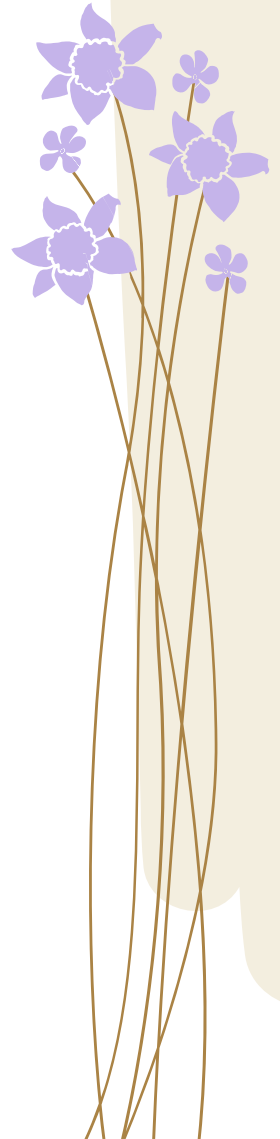
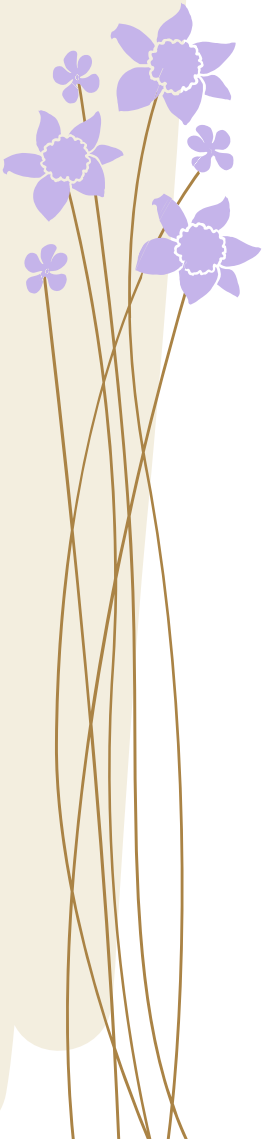
and let us ask for  
permission and inquire  
in order to always learn



May you remain dear,  
little ones...



May you always remain a  
source of joy and  
happiness.



للعالمين 

THE GENERATION  
OF THE CALIPHATE  
INTRODUCTORY LEVEL